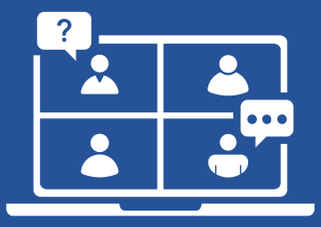
TRAINING

Autumn Term 2026





WORKSHOPS

Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Thursday 5th November	10.30 am - 12.30 pm
Making Sense of Anxiety in Adolescence (11 years +)	Tuesday 10th November	7.30 - 9.30 pm
Understanding Demand Avoidance	Friday 13th November	10.30 am - 12.30 pm
Understanding Avoidant Restrictive Food Intake Disorder (ARFID)	Monday 16th November	7.30 - 9.30 pm
Making Sense of Wellbeing: Communication skills for parents and carers	Tuesday 24th November	10.30 am - 12 pm
Understanding Autism	Wednesday 25th November	7.30 - 9.30 pm
Making Sense of Disability Living Allowance (DLA)	Thursday 26th November	10.30 am - 12.30 pm
Making Sense of Adult Life - Supporting Adolescents (11 years +)	Wednesday 2nd December	7.30 - 9.30 pm
Making Sense of Annual Reviews	Thursday 3rd December	7.30 - 9.30 pm
Making Sense of Sleep (for children age 2 - 11 years)	Wednesday 9th December	10.30 am - 12.30 pm

All of the above training will be delivered on Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk

SCAN ME

All our workshops are free of charge. For more information or to book a place, please visit our Eventbrite page or scan the QR code.

reachingfamilies.eventbrite.com

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