

## Information and resources- support for parents

Support	Information
<p style="text-align: center;"><b>Money &amp; Debt</b></p>	<ul style="list-style-type: none"><li>• Check if you are eligible for benefits: <a href="#">Benefits - Citizens Advice</a></li><li>• Use a free budget planner: <a href="#">Money Helper Budget Planning</a></li><li>• For debt support please contact <a href="#">Horsham Debt Advice</a> on 01403 258040 or <a href="mailto:advisor@hdas.co.uk">advisor@hdas.co.uk</a> or Citizens Advice for debt support 0808 278 7969 or Christians Against Poverty <a href="https://capuk.org/">https://capuk.org/</a> 0800 328 0006</li><li>• Check council tax support <a href="#">Council Tax Support check</a>. If you are worried about council tax payments, please call 01403 215100</li><li>• If you are on Universal Credit, please check social tariffs for mobile and broadband <a href="#">Ofcom social tariffs</a></li><li>• Southern Water offer social tariffs. <a href="#">Southern Water's vulnerability team</a> are ready to help on 0800 027 0800 or email @HereToHelp</li><li>• Help Through Hardship can offer support if you are worrying about the essentials. Call 0808 208 2138 Mon-Fri 9am-5pm</li><li>• Horsham Matters can offer support with food and energy 0300 124 0204 or <a href="mailto:info@horsham-matters.org.uk">info@horsham-matters.org.uk</a></li></ul>

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<p><b>Receiving Universal Credit or received a migration notice from the DWP?</b></p>	<ul style="list-style-type: none"><li>• If you receive a letter from the DWP about migrating to Universal Credit, call Help to Claim about questions or concerns on <b>0800 144 8444</b></li><li>• If you are on Universal Credit, please check available social tariffs for mobile and broadband in your area <a href="#">Ofcom social tariffs</a></li><li>• You might be eligible for a Southern water tariff. <a href="#">Southern Water's vulnerability team</a> are ready to help on 0800 027 0800 or email @HereToHelp. Also ask them about the Priority Register if you have children 5 or under</li><li>• If you pay for childcare while you go to work, Universal Credit can pay some of your childcare costs. <a href="#">Universal Credit childcare support</a></li></ul>
<p><b>Energy support</b></p>	<ul style="list-style-type: none"><li>• You might be eligible for fully funded energy efficiency improvements to your home. Visit <a href="#">energy-efficiency home improvements   Warmer Homes</a></li><li>• Call LEAP energy support on 0800 060 7567 if you are struggling with bills.</li><li>• <a href="http://www.westsussex.energy.co.uk">www.westsussex.energy.co.uk</a> offers grants information, advice and support.</li></ul>

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<b>Water Support</b>	<p>Southern Water has a range of social tariffs. Check if you are eligible! Call: <b>0800 027 0800</b> or email <b>@HereToHelp</b> <a href="https://www.southernwater.co.uk/account/what-if-i-can-t-pay-my-bill">https://www.southernwater.co.uk/account/what-if-i-can-t-pay-my-bill</a></p> <p>They also have a grant available for white goods that have broken.</p> <p>Also ask to go on the Priority Register if you have children 5 or under or a medical condition. This will also link to the energy Priority Register.</p>
<b>Childcare</b>	<ul style="list-style-type: none"><li>• Tax Free Childcare is underclaimed. Up to £2000 a year is on offer for childcare/school clubs! <a href="https://www.gov.uk/tax-free-childcare">https://www.gov.uk/tax-free-childcare</a></li><li>• To see the entire range of childcare options: <a href="https://www.childcarechoices.gov.uk/">https://www.childcarechoices.gov.uk/</a></li><li>• For Universal Credit childcare support: <a href="https://www.gov.uk/guidance/universal-credit-childcare-costs">https://www.gov.uk/guidance/universal-credit-childcare-costs</a></li></ul>
<b>Other Support available</b>	<ul style="list-style-type: none"><li>• Pension Credit is an underclaimed benefit. Call 0800 99 1234 to find out more or visit <a href="https://www.gov.uk/pension-credit/overview">Pension Credit: Overview - GOV.UK (www.gov.uk)</a></li><li>• Turn2Us is a grant finder for small pots of money. Check for funding <a href="https://grants-search.turn2us.org.uk/">https://grants-search.turn2us.org.uk/</a></li><li>• The Support For Families with Disabled Children (SFDC) provide a wide range of grant items to families in England with a low-income, who are raising a disabled or seriously ill child or young person. Find out if you're eligible. <a href="https://www.familyfund.org.uk/grants/am-i-eligible/">https://www.familyfund.org.uk/grants/am-i-eligible/</a></li></ul>